

SAVE YOUR FIRST \$1,000 CHART

Color in a box every time you
save that amount



Save 1 \$25	Save 2 \$20	Save 3 \$50	Save 4 \$25	Save 5 \$20	Save 6 \$25	Save 7 \$50
Save 8 \$25	Save 9 \$20	Save 10 \$25	Save 11 \$25	Save 12 \$50	Save 13 \$20	Save 14 \$25
Save 15 \$25	Save 16 \$50	Save 17 \$20	Save 18 \$25	Save 19 \$25	Save 20 \$20	Save 21 \$50
Save 22 \$25	Save 23 \$25	Save 24 \$20	Save 25 \$25	Save 26 \$50	Save 27 \$20	Save 28 \$25
Save 29 \$25	Save 30 \$20	Save 31 \$25	Save 32 \$25	Save 33 \$25	Save 34 \$20	Save 35 \$25
Save 36 \$25						

Fill boxes in any order,
whenever you have the cash

TOTAL:
\$1,000

EVERY BOX IS ONE STEP FURTHER FROM THE PAYCHECK SCRAMBLE.

30-DAY PAYCHECK RESET TRACKER

One month of basics-only
spending



Month: _____

Savings goal: _____

1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

**Color in every day you spend only on
bills and basics**

**THIRTY DAYS OF BASICS-ONLY SPENDING CAN START YOUR FIRST
BUFFER.**